



BEAR CREEK ADVENTURE LTD

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B60 4DU

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Health Statement

For our records we need to know that you are physically fit for watersports.
Please complete the Health Statement & Individual Booking form.

Name:

Occupation:..... Date of Birth:

Course booked: Course date:

(Please circle appropriate response)

- | | | |
|--|-----|----|
| 1. Are you presently suffering from any form of acute infection? | Yes | No |
| 2. Are you currently receiving medical attention or taking any form of medication? | Yes | No |
| 3. Do you have a history of heart disease within your family? | Yes | No |
| 4. Do you suffer from (or have you ever suffered from) any of the following? | | |
| (a) Chest pains, cardiovascular disease, heart problems? | Yes | No |
| (b) High blood pressure? | Yes | No |
| (c) Headaches, dizziness, fainting spells | Yes | No |
| (d) Epilepsy? | Yes | No |
| (e) Diabetes? | Yes | No |
| (f) Arthritis? | Yes | No |
| (g) Bone, joint or lower back pains, slipped disc? | Yes | No |
| (h) Asthma, bronchial problems? | Yes | No |
| (i) Have you ever had major surgery? | Yes | No |
| (j) Do you or have you ever smoked? | Yes | No |
| (k) Are you pregnant? | Yes | No |

Are there any other medical or physical conditions you think we should be aware of: Yes No

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- Due to strenuous nature of some activities, all participants should be physically fit. Anyone with medical conditions must seek medical advice and contact us.
- Course participants will not be permitted to consume alcohol or drugs prior to or during courses. Bear Creek Adventure Ltd & Edgbaston Watersports staff reserve the right to refuse anyone considered being under the influence of drugs or alcohol.
- The decision of the Bear Creek Adventure Ltd & Edgbaston Watersports member of staff will be final in all matters relating to the course.

INFORMED CONSENT

I, the undersigned, hereby confirm that Bear Creek Adventure Ltd & Edgbaston Watersports will not be held responsible for any injury sustained to my person, unless it is proved to be the result of negligence by Bear Creek Adventure Ltd & Edgbaston Watersports, and I declare that the above answers are complete and correct to the best of my knowledge, and that I know of no reason why I should not participate in a watersports course supervised by Bear Creek Adventure Ltd & Edgbaston Watersports staff.

I accept full responsibility and consider myself fit to undertake the course.

Signed: Date:

Where did you here about us: **Yellow pages** **Linked website**
Word of Mouth **Other-**

